Note: You'll see that I exceeded the number of goals etc. — it's okay to go a little over but don't set so many that you can't track/work on them all.

Life motto or creed:

Gratitude. Give. Grace.

5 legacies I want to leave: (These don't change much for me, year over year)

- 1. To start and end every day in gratitude for all that I've been given
- 2. Be loving, supportive and always present in all my roles
- 3. A giving and helpful teacher/coach in all that I do
- 4. To lift people up so they can see the best of themselves and what they're capable of
- 5. To create enough wealth that I can be generous and never a burden to Kelsey

3 things I'm going to do in the coming year to contribute to those legacies:

- 1. Continue my gratitude letters every week
- 2. Expand the podcast's reach by at least 25% more downloads
- 3. Whenever I am with someone put my phone down and flipped over so I can totally concentrate on them/the conversation
- 4. No large (like real estate) purchases. Focus on paying down/off investment real estate. (Tangible goal quarterly lump sum payments against real estate investment debt of at least \$10K)

2016 mantra (3 words that define my priorities for the year):

Last year was: Reinvent • Strengthen the core • Save

This year is: Healthy • Selective • Scalable

3 SMART goals for my professional life:

- 1. Hit or exceed the company's financial stretch goal by year end (see business plan for specifics)
- 2. Have 75% of MMG's revenue be retainer/contracted rather than project work
- 3. Increase AMI network membership by 10% by year end
- 4. Plan/launch the all AMI owner meeting for January 2017

3 SMART goals for my personal life:

- 1. Plan/go on a 10+ day summer vacation with Kelsey
- 2. Plan/go on a Spring Training trip with my dad
- 3. Increase my sleep to an average of over 6 hours/night
- 4. Drop one more pants size

5 people I want to spend more time with to help me achieve my goals:

- 1. Mitch Matthews
- 2. Adam Carroll
- 3. Sharon Toerek
- 4. Susan Baier
- 5. Myself (in scheduled quiet time for planning, thinking and re-charging)